Xaverian Buzz

An Initiative of the Department of Journalism & Mass Communication

Under the aegis of IQAC

A Monthly Chronicle of Campus News



Xavier University, Patna

St. Xavier's College of Management & Technology

Digha-Aashiyana Road, Digha Ghat, Patna- 800011, Bihar Website: www.xup.ac.in

From the Editor's Desk

Harnessing the Infinite Potential



Dear Students,

The campus thrums with a renewed energy, a palpable sense of anticipation. As XEST

returns with renewed vigour and enthusiasm, it brings with it more than just competitions and concerts; it brings a testament to the vibrant spirit that defines Xavier University, Patna.

This annual fest is far more than a mere break from academic rigour. It is a crucial crucible where theory meets practice, and individual talent converges into collective triumph. The stages of XEST are not just platforms for performance but arenas for building confidence, resilience, and camaraderie. From the artistic flourish in cultural events to the innovative sparks in technical modules, every activity is a thread in the rich tapestry of holistic education we champion.

XEST embodies our core values of 'Cura Personalis'—care for the whole person. It is where future leaders hone their skills, artists find their voice, and engineers discover creative solutions. It fosters a culture of inclusivity and collaboration, reminding us that our greatest achievements are often born from teamwork.

As your editor, I urge every student to immerse themselves in this celebration. Participate, spectate, cheer, and contribute. Let us not just be attendees but active architects of this legacy. Capture these moments, for they are the stories that will fill these magazine pages and our memories for years to come.

Let XEST be a brilliant showcase of our unity, talent, and the indomitable Xavier spirit. Here's to creating an extraordinary chapter in our university's history.

Happy reading!

Abhishek Anand

Chief Editor



THE SHEPHERDS

Patrons

Fr. Joseph Sebastian SJ (Rector) Fr (Dr) Martin Poras SJ (Principal) Fr (Dr) Sherry George SJ (Vice Principal) Editor-in-Chief & Designer Abhishek Anand (Asst. Professor, Dept. of English)

स्वतंत्रताः वास्तविकता या छलावा

94 अगस्त 9886 का दिन भारत के इतिहास में सुनहरे अक्षरों से लिखा गया। सदियों की गुलामी के बाद हमें ब्रिटिश शासन से आजादी मिली। तिरंगा लहराया, जश्न मनाया गया और एक नए युग की शुरुआत हुई। लेकिन आज, ७९वें स्वतंत्रता दिवस पर एक सवाल मन में उदता है – क्या हम वास्तव में स्वतंत्र हैं ?

राजनीतिक रूप से हाँ, हम एक स्वतंत्र राष्ट्र हैं। हम अपना शासन खुद चुनते हैं, अपने संविधान के अनुसार चलते हैं। पर क्या स्वतंत्रता का मतलब सिर्फ विदेशी शासन से मुक्ति है ? या यह एक व्यापक अवधारणा है ? आज हमें आर्थिक, सामाजिक और बौद्धिक रूप से स्वतंत्र होने की जरूरत है। क्या एक गरीब, भूखे व्यक्ति के लिए आजादी का कोई मतलब है ? क्या महिलाएँ अब भी दहेज और हिंसा के डर से मुक्त हैं ? क्या हमने जाति और धर्म के बंधन तोड़ दिए हैं ? क्या हम अपनी सोच में स्वतंत्र हैं या अभी भी पुरानी मानसिकताओं में जकड़े हुए हैं ?

सच्ची आजादी तब होगी जब हर नागरिक को शिक्षा, स्वास्थ्य और रोजगार के समान अवसर मिलेंगे। जब समाज के हर वर्ग को बिना किसी डर के अपने अधिकारों का उपयोग करने की स्वतंत्रता होगी। जब हमारी सोच संकीर्ण न होकर विस्तृत होगी।

७१वें स्वतंत्रता दिवस पर, यह सवाल हमें आत्ममंथन करने के लिए मजबूर करता है। आजादी की लड़ाई अभी खत्म नहीं हुई है। यह अब एक नए रूप में है – गरीबी, भ्रष्टाचार, असमानता और असहिष्णुता से मुक्ति की लड़ाई। सही मायने में आजाद होने के लिए हमें इन आंतरिक शत्रुओं से लड़ना होगा। तभी हमारे स्वतंत्रता सेनानियों के सपने का भारत बन पाएगा और हम वास्तव में स्वतंत्र कहला सकेंगे।

– तपेश्वर प्रसाद

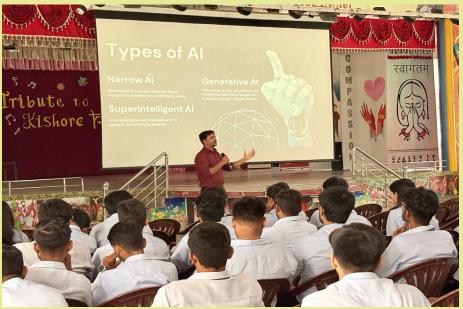


Placement Cell Activities

The Placement Cell of St. Xavier's College of Management & Technology organized a special session on "AI and Future Jobs" on Wednesday, providing Part 3 students with valuable insights into the transformative impact of Artificial Intelligence on careers and future employment opportunities. The event began with a welcome address by Mr. Piyush Ranjan Sahay, Head of the Placement Cell, who warmly greeted the guest speaker and encouraged students to actively engage in the session, emphasizing the importance of understanding AI in shaping their future professional journeys. The session witnessed the enthusiastic participation of 269 students and was moderated by Animesh Raj, a BBA 2nd-year student. The resource person, Mr. Swastik Shresth

— a noted entrepreneur, business analyst, and creative technologist — delivered a thoughtprovoking and interactive presentation. Mr. Shresth broke down the fundamentals of Artificial Intelligence, explaining its relevance and expanding role across industries. He introduced students to leading AI tools like ChatGPT, Gemini, and Gama, while also demonstrating how to craft effective prompts for better outcomes. He further discussed the emerging career opportunities in the AI domain, along with the associated risks and challenges. The Placement Cell extended heartfelt thanks to Mr. Shresth for his inspiring talk and reiterated its commitment to equipping students with the knowledge and skills needed to thrive in the rapidly changing job market.





Experts share valuable insights on cracking interview

The Placement Cell of St. Xavier's College of Management & Technology on Wednesday organized a special session on "Art of the Interview" to equip Part 3 students with essential skills for facing interviews with confidence and success. The program was inaugurated by Mr. Piyush R. Sahay, Head of the Placement Cell, who welcomed the distinguished guests with a sapling. In his address, Mr. Sahay reminded the final-year students about the importance of making clear career choices—whether in jobs, higher studies, or entrepreneurship—after graduation, so that the Placement Cell can adopt a customized approach to guide and support them in their future pathways. The interactive session was moderated by Nikki, a member of the Placement Cell, and attended by final-year students from BBA, B.Com (P), BCA, BBA IB, and BA (JMC). The keynote speakers

included Mr. Kulindra Srivastava, founder of Art of the Interview, who brings over 30 years of corporate experience with organizations such as Kotak, SRF, and WNS, and Mr. Alvin Samuel, an alumnus of the college. The experts shared valuable insights on interview preparation, grooming, attire, body language, and eye contact. They emphasized the importance of presenting one's background confidently and positively, and encouraged students to consider their families as sources of strength. Special attention was also given to resume building as a personal story, urging students to craft resumes that stand out by reflecting individuality and impact. The Placement Cell expressed gratitude to the speakers for sharing their experiences and practical tips, which will empower students to turn interview opportunities into career success.



HR Insights – The Role of AI in HR Practices

The Placement Cell of St. Xavier's College of Management & Technology organized an insightful session on "HR Insights: The Role of AI in HR Practices", conducted by Mr. Aryan, Founder of Floww. The program commenced with a welcome address by Mr. Piyush Ranjan Sahay, Head of the Placement Cell, who warmly greeted the guest speaker and encouraged students to prepare diligently for their upcoming placement interviews. He emphasized the importance of adapting to new technologies and developing strong communication skills. Following this, Mr. Aryan led the session in an engaging manner, highlighting how Artificial Intelligence is transforming human resource practices. He explained AI's role in recruitment, on

boarding, employee management, performance evaluation, and personalized learning, while underlining that AI is meant to complement rather than replace HR professionals. In the second half of the event, a career-focused workshop was conducted, where Mr. Aryan guided students on career planning and effective self-introductions during interviews. He stressed the need for clarity, confidence, and the ability to showcase one's strengths. He also announced internship opportunities at *Floww*, inviting interested students to apply. The session concluded with a vote of thanks to Mr. Aryan for sharing his valuable insights and to the Placement Cell for successfully organizing the program.



A Must-have for CBSE Students: Unpacking the New APAAR ID Rule

The CBSE has made it mandatory for students to submit their 12-digit APAAR Ids while registering for their Class 10 and 12 board exams, sparking a debate around data security and privacy. Introduced under the National Education Policy (NEP) 2020, the Automated Permanent Academic Account Registry (APAAR) is a voluntary, lifelong student ID. It serves as a permanent digital locker, securely storing a student's entire academic history, including scores, achievements, and other educational records. The government has also

due to a lack of Aadhaar. By transforming an identification tool into a mandatory eligibility criterion, the state threatens the right to education. Early reports, such as medical aspirants being unable to register for exams, confirm that the APAAR ID is institutionalizing these same barriers. The APAAR System: A Tool for Exclusion by Design

The APAAR initiative suffers from foundational legal deficiencies akin to those of Aadhaar. Its mandate operates without parliamentary



argued that it will put an end to fake education certificates, with students' APAAR IDs working as an authentication link.

The introduction of the APAAR ID, a lifelong digital academic record authenticated by Aadhaar, presents a significant policy concern regarding its voluntary nature. While officially optional, the CBSE's directive functionally mandates it by tying it to board examination eligibility and omitting any opt-out procedure. This follows the established pattern of Aadhaar, which became de facto compulsory for accessing critical services.

Furthermore, the system's foundation on biometric verification risks exacerbating digital exclusion. Evidence indicates that vulnerable populations, particularly children from marginalized communities, are already denied educational access

legislation, failing to satisfy the constitutional principles of legality, necessity, and proportionality established in the Puttaswamy judgment.

The requirement will engender exclusion through three primary mechanisms:

- 1. Infrastructural Inequality: Disparities in internet access (18.47% of rural vs. 47.29% of urban schools) create an immediate barrier.
- 2. Biometric Reliability: Authentication failures will exclude children engaged in manual labor or those with physical disabilities.
- 3. Documentation Deficits: Marginalized families often lack necessary documents like birth certificates, precluding APAAR enrollment and thus exam eligibility.

This mandate has a disparate impact on protected classes (migrants, homeless populations),

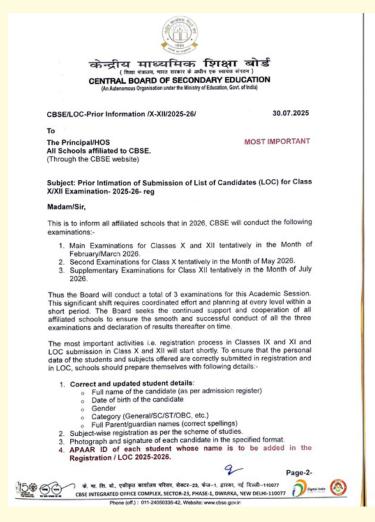
constituting indirect discrimination under Articles 14 and 15. By presuming Aadhaar as a prerequisite, APAAR institutionalizes existing exclusionary patterns, where children are already denied educational progression due to a lack of documentation, forcing an impossible choice between data privacy and the right to education.

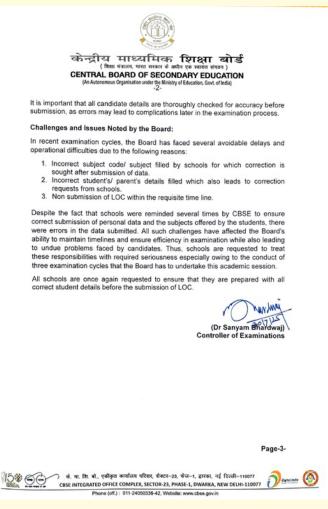
The APAAR system raises profound surveillance concerns that extend beyond mere exclusion. Its integration with AI-powered monitoring tools allows for the comprehensive and perpetual tracking of a student's entire academic journey, including behavior and performance. This threat is compounded by the decision to grant access to recruitment agencies, which undermines privacy and opens pathways for exploitation.

These entities will possess extensive profiles containing data from childhood through higher education. The use of this information for candidate screening creates a high risk of algorithmic discrimination. Students from protected classes could be systematically disadvantaged based on proxies for their socioeconomic status—such as the location of their school, familial background, or initial academic performance—embedding bias into the recruitment process.

By making access to education contingent on compliance, government policies at all levels coerce parents and violate their right to informed, voluntary consent. This practice also contravenes the core principles of India's Data Protection Act, 2023. Section 6(1) mandates that consent be free, specific, and unambiguous—a standard that is impossible to meet when the alternative is the denial of an essential service like education.

-Abhishek Anand Asst. Prof., Deptt. of English





Xavier University tramples ISM Patna in "Pinnacle 2025"

Xavier University Patna participated in "Pinnacle 2025", a three-day inter-college sports competition organized by, International School of Management Patna, in honor of the legendary hockey player Major Dhyan Chand, from 28th August 2025 to 30th August 2025, This event celebrated National Sports Day and brought together young athletes from various institutions, uniting them in the spirit of competition, teamwork, and excellence. With the start of thrilling matches, high energy, and extraordinary talent on the field, "Pinnacle" served as a tribute to the lasting legacy of one of India's greatest sports icons. A total of six sports were

included in the event: cricket, volleyball, kabaddi, carom, and chess. Around 5 to 6 colleges from Patna participated, with both boys and girls teams taking part. In kabaddi, both the boys and girls teams from St. Xavier's were the winners. The St. Xavier's girls team played against the ISM team and won with a lead of 44 points, while the St. Xavier's boys team played against ISM Blasters and secured victory with a lead of 29 points.

- Juveria Zafar BA (JMC) II





Deconstructing True Digital Literacy

In the last century, when the first computer arrived in India, it was kept in a glass enclosure, and people could only look at it from outside. From that time until now, we've reached an age where even a young child handles computers with ease. Today, computers have become ubiquitous. However, even though computers and smartphones are in everyone's hands, true digital literacy is still a distant goal.

Let's reflect on whether we're really educating students and citizens for the digital age. This is a very serious and relevant question today. The National Education Policy, university curricula, textbooks, government schemes, all claim to promote digital literacy. But in reality, we are still just scratching the surface of digital education.

True digital literacy is not just about operating a computer or knowing software. Digital literacy means using digital tools to enhance life, education, career, governance, and health in a way that is intelligent, creative, and responsible.

In this context, it is essential to mention the 'Digital India' campaign, which has become a common term. However, the question remains - is this campaign reaching every citizen? Are teachers and educational institutions prepared for this digital transformation? What exactly is true digital literacy?

The terms "online learning," "digital learning," "blended learning," and "e-learning" are often used. However, in most schools, digital learning simply means the use of projectors, "smart boards," "digital classrooms," and "online tests." Teachers load PowerPoint presentations and students watch videos. But are they really learning? Are we making our students digitally empowered, or just passive consumers?

The National Council of Educational Research and Training (NCERT) has created excellent materials on computer literacy. However, teachers themselves often aren't fully trained. Consequently, digital education remains limited to computer labs or certain periods, without integrating deeply into other subjects.

Furthermore, the implementation of NEP-2020 emphasizes the integration of technology in education. But just using technology doesn't equate to digital literacy. For that, we must first have clarity on how to use information and technology meaningfully. It is not enough to just give devices

and internet access - the real challenge is to teach how to use them wisely.

Information access alone doesn't bring wisdom. Information is available instantly today, but the challenge lies in processing it into knowledge and wisdom. For that, we need to teach students the skills of critical thinking, information verification, digital ethics, and cyber safety.

Students need to know:

What is true or false?

What's fake news?

What's a trustworthy source?

What's digital addiction?

How does an algorithm affect your decisions?

How to stay secure online?

How to learn good things from digitaly?

All these are part of true digital literacy.

The MHRD-CIET (Ministry of Human Resource Development – Central Institute of Educational Technology) has outlined the direction for digital literacy, but now, in the age of ChatGPT, we need a new generation of learners who are creators, not just consumers. That's true digital literacy.

The education system must now emphasize on:

Self-learning

Digital citizenship

Data literacy

Digital collaboration

Digital communication

Cyber hygiene

Digital emotional intelligence

It's also important to develop teachers who are digitally literate. Teachers should be able to:

Guide students in digital research

Explain digital footprints

Help them understand ethical use of the internet

If this happens, our students will not just be users of technology but responsible, thoughtful, and innovative digital citizens.

To conclude, just having technology is not enough - we must teach how to use it wisely, ethically, and creatively. That is true digital literacy.

- Rekha Kumari

Librarian

Transition from St Xavier's College to Xavier University: Role of IQAC

Established in 2016 the IQAC of St. Xavier's College of Management & Technology continued its journey with consistent performance since inception. These performances resulted in achievement like the College obtained NAAC Accreditation with B++ ranking in 2022, and Autonomous status in 2025 and eventually the College has been granted the status of a University in 2025. The IQAC is playing its crucial roles in ensuring that the transition from a college to a university is smooth, efficient, and focused on maintaining and enhancing quality throughout the process. The Internal Quality Assurance Cell (IQAC) at SXCMT acts as a bridge, facilitating the great Jesuit College's transformation into a great Jesuit University by focusing on quality enhancement in all academic and administrative activities.

IQAC has to plays very significant roles the transition by developing and implementing quality benchmarks and parameters for both academic and administrative functions of the university ensuring that standards are met in areas like curriculum development, teaching methodologies, and administrative processes. It facilitates the creation of a learner-centric environment that promotes quality education and encourages faculty to adopt necessary knowledge and technology for effective teaching and learning.

From collecting and analysing feedback from students, parents, and other stakeholders regarding the quality of university processes to dissemination of information about quality parameters in higher education to various stakeholders the IQAC works as bridging authority. From developing and maintaining institutional data base through MIS to documenting activities and preparing Annual Quality Assurance Report IQAC acts as nodal authority in adoption and dissemination of best practices.

Aiming to develop and foster a culture of quality within the university, focusing on continuous improvement IQAC organizes workshops and seminars on quality-related themes. And also conducts short sessions for skill enhancement to make teaching a joyful experience and improve the quality of education. Furthermore the IQAC is working to bridge the gap between industry and academics by suggesting ways to align curriculum with industry needs and promoting industry-academia collaborations.

By fulfilling these roles, IQAC ensures a smooth and successful transition from St. Xavier's College to Xavier University, maintaining and enhancing the quality of education and overall university functioning.

-Dr Ashok Kumar Member IQAC



Xavier University welcomes freshers

Xavier University, Patna, successfully hosted the 8th edition of its annual Freshers' Party, 'Xaviesta,' for the incoming first-year students. The campus buzzed with excitement as seniors warmly welcomed the new cohort. The event was a vibrant spectacle of energetic dance performances, captivating music, and fun-filled interactive games.

The highlight was the crowning of Mr. and Ms. Fresher, amidst cheers and applause. The evening fostered a spirit of camaraderie and integration, marking the beginning of the new batch's memorable academic journey. It was a perfect launch into university life, creating lasting bonds and unforgettable memories.





Xavier Dhwani Club pays tribute to Kishore Kumar

Xavier University's Dhwani Club recently hosted a spectacular tribute to the legendary Kishore Kumar on his birthday, transforming Kalaam Hall into a vibrant celebration of his music. The club's talented musicians and vocalists delivered powerful renditions of his greatest hits, moving seamlessly from energetic, foot-tapping numbers to deeply soulful melodies.

The event was elevated by special guests Mr. Ratnesh Kumar Roy, a professional singer and

senior sound engineer from Red FM, and RJ Umang, who both captivated the audience with their own stellar performances of Kishore Da's classics.

The concert was a resounding success, uniting the entire university community. A full audience of enthusiastic students, faculty, and management members came together to honor the timeless legacy of the music maestro, making it a truly memorable evening.





Celebrating the 79th Independence Day of India

Xavier University, Patna, celebrated India's 79th Independence Day with a vibrant campus ceremony. The event began with a flag hoisting by Chief Guest Col. (Retd.) Amit Sinha, followed by the national anthem.

The Vice-Chancellor gave a welcome address, encouraging students to reflect on the nation's founding ideals. The Dhwani Club performed a

patriotic song, and Col. Sinha delivered an inspiring speech on discipline and national pride.

The university also released two books featuring faculty research. The Xavier Theatre Club presented a mime performance saluting the Indian Army, and the Dance Club performed a patriotic routine. The celebration concluded with the distribution of traditional sweets.





Leadership Masterclass with The Hindu Group

On August 23, 2025, St. Xavier's College of Management & Technology, Patna, hosted an insightful session on "Leadership and Career Growth" for its second- and third-year students. The keynote speaker was Mr. Sridhar Arnala, Vice-President of The Hindu Group.

Mr. Arnala moved beyond theory, sharing practical wisdom from his own career on managing people, pressure, and deadlines. He emphasized that at its

core, "leadership is not about titles, but about responsibility and the ability to inspire." A central takeaway for students was his belief that to be a good leader, one must first be a good human being.

The event, graced by the college's leadership and faculty, featured an engaging Q&A moderated by Mrs. Priya Manish Kumar. Students left the session equipped with valuable insights to navigate their future professional journeys.



Fr Joseph Sebastian SJ felicitating Sridhar Arnala, Vice-President of The Hindu Group.



Youth Parliament 2025

The Xavier Debate Club at St. Xavier's College in Patna just held a fantastic Youth Parliament on August 23rd. They brought together sharp students from top schools across the city to simulate how India's parliament works and debate real national issues.

The event had two main sessions:

One simulated the Lok Sabha (India's lower house), where students debated India's changing foreign policy.

The other simulated the Rajya Sabha (the upper house), focusing on the impacts of the New

Education Policy.

Students from schools like St. Karen's, St. Michael's, and Notre Dame Academy really threw themselves into it. Their debates were well-researched, thoughtful, and showed off some serious leadership skills.

The club said the event was a huge success, proving how eager young people in Patna are to engage in democracy. The goal is to help create a generation of aware and responsible citizens who are ready to help move the country forward.





Canon India conducts Photography Workshop

Canon India successfully conducted an insightful workshop for Mass Communication students at Xavier University. The session provided a deep dive into the evolving landscape of professional imaging and visual storytelling.

Industry experts from Cannon demonstrated cutting-edge camera technologies, lenses, and accessories. The workshop focused on practical skills, including advanced photography techniques, videography, and the integration of multimedia in modern journalism. Students gained hands-on

experience with state-of-the-art equipment, enhancing their technical proficiency.

The interactive format allowed for a vibrant exchange of ideas, with students receiving valuable feedback on their work. The event effectively bridged the gap between academic learning and industry requirements, equipping future media professionals with essential tools and knowledge. The workshop was highly engaging and was greatly appreciated by both students and faculty.





CIMP Patna and Xavier University jointly host Faculty Development Programme

Xavier University and CIMP Patna conducted a Faculty Development Programme on "Research Writing and Publishing in High-Impact Journals" The inaugural session set an inspiring tone, commencing with a virtual lamp-lighting ceremony. The session had the following

Prof. (Dr.) Rana Singh, Director of CIMP

Fr. Dr. Martin Poras, Vice Chancellor of Xavier University Patna

Shri Kumod Kumar, CAO of CIMP

distinguished resource persons:

The programme has already attracted a vibrant community of over 100 faculty members and research scholars from premier institutions like

IITs, NITs, Central Universities, and other reputed institutes across India, all participating in a hybrid format.

The esteemed experts, Prof. (Dr.) Rajasshrie Pillai and Prof. (Dr.) Rishabh Rajan, led compelling sessions. They shared invaluable, AI-driven insights and practical strategies for successfully publishing in top-tier journals indexed by Scopus, SSCI, and ABDC.

This FDP was designed to empower the academic community with the modern skills and digital tools needed to thrive in the world of academic publishing and make a significant impact on global research.









5 DAYS FACULTY DEVELOPMENT PROGRAMME

In collaboration with XAVIER UNIVERSITY PATNA

Research Writing and Publishing in High-impact Journals: Al-Driven Insights for Scopus, SSCI, and ABDC Journals

FDP Conveners



Prof. (Dr.) Rana Singh
Director, Professor & Dean
Academics, PhD, MBA
(Gold Medalist), CIMP Patna



Fr. Dr. Martin Poras

Vice Chancellor

Xavier University Patna



Mr. Kumod Kumar

Chief Administrative Officer, CIMP Patna

Director & CEO at CIMP Business Incubation

& Innovation Foundation (CIMP-BIIF)

Morning Prayer: Interfaith Harmony in Diversity

The morning prayer for the months of July and August was marked by meaningful reflections and creative decorations on the prayer board, aimed at promoting interfaith harmony and shared human values. In July, the board was decorated on themes such as World Day for International Justice, Income Tax Day, and the Feast of St. Ignatius of Loyola. These themes highlighted the importance of justice, responsibility, and spiritual strength—values that resonate across all faiths. In August, the decorations reflected vibrant celebrations of Raksha Bandhan,

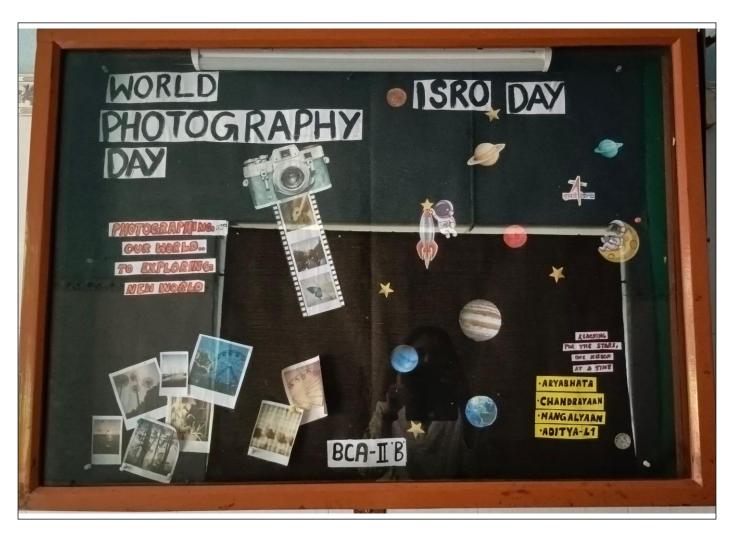
Independence Day, World Photography Day, and Ganesh Chaturthi. Each theme carried a message of unity—whether it was the bond of love and protection, the spirit of freedom, the art of seeing beauty in diversity, or devotion and cultural richness. Through these daily prayers and thematic decorations, students were encouraged to recognize the universal principles of peace, love, and service that transcend religious boundaries. The initiative served as a gentle reminder that while our traditions may differ, our shared values unite us in harmony.

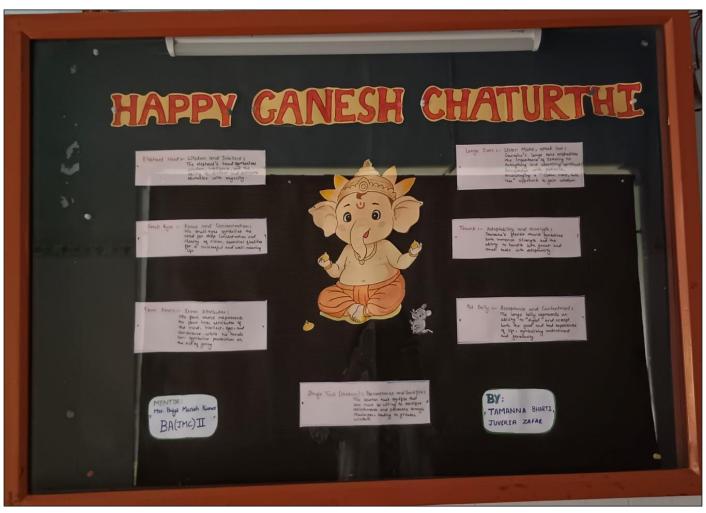












More Than a Click: The Unreplaceable Value of Books

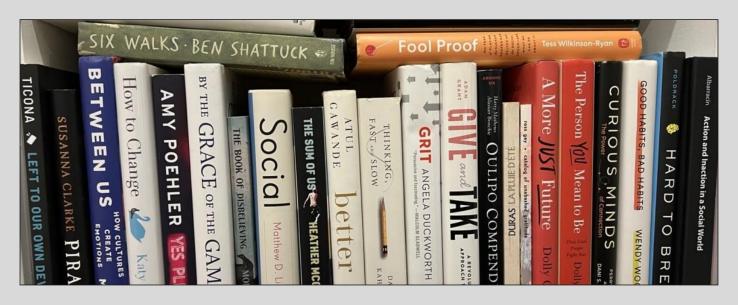
In the twenty-first century, often dubbed the digital age, the act of reading traditional books might seem like a nostalgic relic. With a world of knowledge and entertainment available instantly on our devices, the convenience of digital media is undeniable. However, this very convenience often comes at a cost to depth, focus, and imagination, which is why the practice of reading physical books remains not just relevant, but critically important. The unique benefits offered by books provide a necessary counterbalance to the pressures of modern digital life. A primary advantage of reading a book is its ability to cultivate deep, sustained focus. Unlike digital platforms, which are designed to encourage rapid scrolling, constant notifications, and multitasking, a book demands and rewards prolonged attention. This immersive engagement is crucial for strengthening memory, enhancing comprehension, and developing critical thinking skills. In contrast, the fragmented nature of digital consumption can fracture our thought processes, making it more difficult to absorb and retain complex information. Beyond focus, books offer a singular kind of imaginative freedom. While films, videos, and other digital media present ready-made visuals, reading is an active act of co-creation where the mind must construct its own rich inner world of In an era dominated by digital devices, the unique value of reading physical books remains undiminished. While smartphones and tablets offer unparalleled convenience and instant access to information, they often promote fragmented attention through constant notifications and multitasking. In contrast, reading a book demands and cultivates deep, sustained focus. This

immersive engagement is essential for strengthening memory, enhancing comprehension, and developing critical thinking skills, providing a necessary antidote to the distracted nature of modern digital consumption.

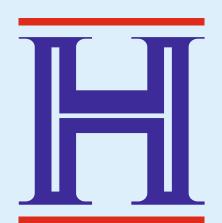
Beyond improving concentration, books offer profound benefits for imagination and empathy. Digital media typically presents stories with readymade visuals and sounds, leaving little room for personal interpretation. Reading, however, is an active creative process where the mind must construct its own rich inner world of characters and settings, thereby stimulating creativity. Furthermore, literature allows readers to intimately experience different perspectives and complex emotional journeys, fostering a depth of understanding and empathy that bite-sized digital content simply cannot match.

It would be simplistic to dismiss digital platforms entirely, as e-books and audiobooks significantly improve accessibility for many. However, the intellectual and emotional virtues nurtured by traditional reading are increasingly vital. A society that prioritizes quick digital content over long-form reading risks losing its capacity for patience, deep reflection, and nuanced knowledge. Ultimately, books provide an essential depth of engagement that is crucial for cultivating a thoughtful and reflective mind, making them irreplaceable even in our advanced digital age.

- Priya Manish Kumar Asst. Prof., Deptt. of Journalism & Mass Comm. and Mentor, Xavier Book Club



THIS MONTH In HISTORY



- 1. September 2,1752- The British ended their use of the Julian calendar, switching instead to the Gregorian calendar
- 2. September 4,1609- The island of Manhattan was discovered by navigator Henry Hudson
- 3. September 6,1991-Leningrad was renamed Saint Petersburg by Russia
- 4. September 7,1882- Brazil declared its independence from Portugal after 322 years as a colony
- 5. September 13,1788- The U.S Congress chose New York as the Federal capital of the new American government
- 6. September 18,1947- The U.S Air Force was established as a separate military service

							3	175	111	753	≥ :	2008	>>								
<u>January</u>							<u>February</u>							<u>March</u>							
6 13 20	Tu 7 14 21 28	1 8 15 22	Th 2 9 16 23 30	3 10 17 24	Sa 4 11 18 25	Su 5 12 19 26	Mo 10 17 24	4 11 18	Me 5 12 19 26	6 13 20	7 14 21	8a 1 8 15 22 29	8u 2 9 16 23		Mo 2 9 16 23 30	3 10 17 24	4 11 18	Th 5 12 19 26	6 13 20 27	7 14 21 28	8u 8 15 22 29
April								May							June						
Mo 6 13 20 27 Mo 6 13	7 14 21 28		Th 2 9 16 23 30 Th 2 9	3 10 17 24	Sa 4 11 18 25 Sa 4 11 18	5u 5 12 19 26 Su 5 12	Mc 4 11 18 25 Mc 3 10	5 12 19 26	6 13 20 27 At the	7 14 21 28 IG	1 8 15 22 29	5a 2 9 16 23 30 5a 1 8	Su 3 10 17 24 31 Su 2 9 16		Mo 1 8 15 22 29 Mo 18 25	Tu 1 19		Th 14 21	5 12 19	6 13 20 27 27 8a 16 23 30	
20	21	22	23 30		25		17 24 31	18 25	19	20	21 28	22 29	23 30	ľ		_				_	/
October							November							December							
2 9 16 23	3 10 17 24 31	4 11 18	5 12 19	6 13 20 27	7 14 21	8 1 8 15 22 29	13 20 27	7	1 8 15 22	2 9 16 23	3 10 17 24	9a 4 11 18 25	5 12 19 26		Mo 4 11 18 25	5 12 19 26	6 13 20	7 14 21	8 15 22 29	2 9 16 23	3 10 17 24 31



THE WORLD THIS MONTH

- 1. The U.S. imposed a 25% tariff on Indian exports from August 1,2025
- 2. The Supreme Court declared safe and motorable roads a fundamental right under Article 21
- 3. Starlink gets approval to offer satellite broadband in India
- 4. India discovers CRIB, a rare Cromer blood group antigen. Only 0.1% of the global population has this blood type
- 5. Lok Sabha passed a bill reserving seats for STs in Goa Assembly

